

# OTIBLOCK®

## Ear Spray

Please read these instructions carefully before using this product. Keep this leaflet. You may need to read it again. If you require additional information or have any further questions, ask your doctor, pharmacist or nurse. You must talk to a specialist if your problem gets worse or does not improve within a reasonable period of time.

### What OTIBLOCK® is and what it is used for

OTIBLOCK® Ear Spray helps to remove earwax from the outer ear canal.

OTIBLOCK® comes in a 45 ml bottle with a dispensing device. The active ingredient is hydrogen peroxide. This works by releasing oxygen, which breaks the earwax down into smaller fragments that are easier to remove. It may also prevent the need for ear irrigation.

In addition to hydrogen peroxide, this product contains a stabiliser that acts as a buffer to maintain a slightly acidic pH, consistent with the physiology of the outer ear canal.

### Applying OTIBLOCK®

OTIBLOCK® is applied using a dispensing pump specially designed for use in the outer ear canal as shown in the diagram.



Tilt your head and gently pull your ear backwards.



Carefully place the applicator in the outer ear canal and press it 4 or 5 times. Keep your head tilted for about 5 minutes.



Turn your head in the opposite directions to allow the liquid to drain and dry.



Clean the applicator with water and dry it. Keep it for future applications.

Repeat three times daily.

Hearing aids must be removed before using OTIBLOCK®.

### Do not use OTIBLOCK®

- if you are allergic to hydrogen peroxide;
- if you suffer from dizziness or any form of otitis (for example: pain, infection, discharge);
- if you have, or suspect that you may have, a perforated eardrum/eardrum-related impairment; or
- if you suffer from tinnitus and/or have a history of hearing problems.

### Precautions and possible side effects

OTIBLOCK® will not interact with any other product or medicine that you may be taking. However, do not use it with any other ear product.

The release of oxygen may cause a temporary bubbling sensation.

It has been reported that ear solutions may cause discomfort, transient hearing loss, dizziness and tinnitus. Do not drive or use machines if you experience these effects.

An unpleasant taste in the mouth has also been reported on rare occasions after using ear solutions. If this occurs stop using the product immediately and tell your doctor.

Do not refill the container.

Do not use after the expiry date which is stated on the bottom of the bottle.

The use of the product by more than one person may facilitate transmission of infections.

This product may stain clothing.

In case of contact with the eyes, rinse immediately with plenty of water.

Do not swallow. For external use only.

For adults, the elderly and children over 9 years old.

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet.

### Storage conditions

Keep out of the sight and reach of children.

Even if the container has not been opened, do not use it after the expiry date stated on the container.

Store between 2°C and 30°C.

### Composition

Hydrogen peroxide 3%; stabiliser.

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