

OTIBLOCK®

ear drops

INSTRUCTIONS FOR USE

Please, read these instructions for use carefully before you start using this product. Keep them, you may need to read them again. Do not share this product with any other person. If you require additional information or have any further questions, ask your doctor or pharmacist.

What OTIBLOCK® ear drops is and what it is used for:

OTIBLOCK® ear drops is a product scientifically formulated to remove impacted earwax from the external ear canal or to help prevent its excessive build-up.

OTIBLOCK® comes in an 18 ml bottle dropper.

The active ingredient is hydrogen peroxide. This works by releasing oxygen, which breaks the earwax down into smaller fragments that are easier to remove. It may also prevent the need for ear irrigation.

In addition to hydrogen peroxide, OTIBLOCK® contains a stabiliser that acts as a buffer to maintain a slightly acidic pH, consistent with the physiology of the external ear canal.

Who can use OTIBLOCK® ear drops:

OTIBLOCK® is suitable for use from 3 years old.

Do not use OTIBLOCK® ear drops if:

- you are allergic to hydrogen peroxide;
- you suffer from any form of otitis (for example: pain, infection, discharge);
- you have, or suspect that you may have, a perforated eardrum;
- you have tympanostomy (ventilation) tubes; or
- you have had a recent ear surgery unless specifically cleared by the doctor.

Using other products or medicines with OTIBLOCK® ear drops:

OTIBLOCK® will not interact with any other product or medicine that you may be taking. However, do not use it together with any other ear products.

In case of doubt ask your doctor or pharmacist.

How to use OTIBLOCK® ear drops:



If you use hearing aids, you must remove them before using OTIBLOCK®.

When you use the product for the first time, unscrew the plastic cap to break the security seal.

Tilt the head so that affected ear faces upward and gently pull ear upwards and backwards. Apply the drops in the ear canal.

Keep the head tilted for about 2 minutes.

Turn the head in the opposite direction to allow the liquid to drain and dry holding a clean tissue.

Replace the cap after use, close tightly and keep the bottle inside carton for proper conservation.

How often to use OTIBLOCK® ear drops:

Follow the recommendations in this table, unless your doctor recommends a different schedule.

The schedule of administration varies if OTIBLOCK® ear drops is used to treat an already formed earwax blockage, or if you want to prevent its formation. Children from 3 to 9 years-old have a smaller external ear canal and they need a smaller quantity of liquid.

		Recommended treatment regimen	
Age	Dosage	Earwax blockage	Prevention of excessive earwax build-up
Children from 3 to 9 years old:	apply 10 drops	Twice a day for 3 to 5 days	If you need earwax removal procedure twice per year, use OTIBLOCK® twice a week. If you need earwax removal procedure three times per year, use OTIBLOCK® three times per week, and so on.
Adults and children over 9 years old:	apply 16 to 20 drops	Twice a day for 3 to 5 days	If you need earwax removal procedure twice per year, use OTIBLOCK® twice a week. If you need earwax removal procedure three times per year, use OTIBLOCK® three times per week, and so on.

Possible side effects:

Just because a side effect is stated here, it does not mean that all people using this product will experience that or any other side effect.

It has been reported that ear solutions may cause discomfort, pain, transient hearing loss (due to a liquid presence in the ear canal), dizziness, skin irritation. On rare occasions, it has been reported that it can cause itching.

The release of oxygen may cause a temporary bubbling sensation.

In case of excessive pain or discomfort or loss of hearing are noticed, as well as any other possible side effects not mentioned before, you should stop using the product and seek medical attention.

Warnings and precautions:

Consult your doctor if the problem worsens or persists.

For external use only, exclusively to be used in the ear.

In case of contact with eyes, rinse immediately with plenty of water.

Do not swallow.

In case of poisoning, contact the National Toxicology Service.

This product may stain clothing.

Pregnant or nursing women, please ask your doctor before use.

Any serious incident that has occurred in relation to the device should be reported to the manufacturer and the competent authority.

How to store OTIBLOCK® ear drops:

Keep out of reach of children.

Store below 30°C.

Store in an upright position.

Do not refill the container.

Do not freeze.

Do not use after the expiry date printed on the carton and bottle, even if the product has not been used.

Use within 12 months after opening.

Composition: Hydrogen peroxide 3%; stabiliser.

Date of last revision of the instruction for use: October 2021.



Under License from Mitelos Bioscience S.L.



Manufacturer:

Mitelos Bioscience S.L.

Parc Tecnològic del Vallès. Ronda de Can Fatjó 7-B

08290 Cerdanyola del Vallès, Barcelona, Spain

